

NAME OF THE METHOD	BOUNCE up/young/along
CHARACTERISTICS According to strengths model	Confidence Resources Competences Social relations Opportunities Aspirations
MAIN GOALS	Training resilience. Not aimed particularly to residential care, but since Stein is very much into resilience it seems an appropriate method to add. Prevention before there is any mention of radicalising (but seems to be useful in other target groups as well)
REGION OF IMPLEMENTATION	West-Flanders/Ostend
THEORETICAL FRAMEWORK/IDEA/VIEW	Strength based approach
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION	The BOUNCE young are trainings to strengthen the resilience of youngsters between 12 and 18 years old, and to learn them know their strength and goals, in group sessions BOUNCE along is a tool to make the grown-ups around the youngsters aware of their supporting role so the youngsters can rely on them. BOUNCE up is a train-the-trainer for frontline workers that want to work with 'young' and 'along'
STEPS OR PHASES	Not clear
MATERIAL	
COST OF THE METHOD (EXCL. PERSONEL)	BOUNCE up is 390 euro for a 3days training and a day where people come back and discuss their experiences.
COMPETENCES OF THE AFTER CARE WORKER(S)	Having followed the training (?)
IN WHICH WAY IS THE METHOD SUCCESSFUL?	Christiaens, Hardyns and Pauwels (2018) have researched the method and findings are positive.
MORE INFORMATION AT	https://www.bounce-resilience-tools.eu/nl https://www.bounce-resilience-tools.eu/nl/wetenschappelijk-onderzoek Christiaens, E., Hardyns, W., & Pauwels, L. (2018). <i>Evaluating the bounceup tool: research findings and policy implications</i> . Binnenlandse Zaken: Brussels