

<b>NAME OF THE METHOD</b>	<b>Bruggen naar 18</b>
<b>CHARACTERISTICS</b> According to strengths model	Social relations Competences Resources
<b>MAIN GOALS</b>	Working on 9 different life domains with according methods and information. Making youngsters aware of the organisational network in a de-problematising way. To work inter-organisational aiming for the youngster to ask for help as soon as possible so that problems do not escalate.
<b>REGION OF IMPLEMENTATION</b> <i>Please fill in the geographical area(s) in which the method is used.</i>	Belgium (Oost-Vlaanderen)
<b>THEORETICAL FRAMEWORK/IDEA/VIEW</b> <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	Interdisciplinary co-operation
<b>GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION</b> <i>Describe the method in general. How is the method implemented?</i>	The information contains 9 different life domains to work on with youngsters leaving care. These are: life, health, work, housing, rights and obligations, relations, education, leisure time, and money. All of the domains have accompanying methods to breach the subject, but other methods can be useful as well.
<b>STEPS OR PHASES</b> <i>Does the method have a stepwise process? Which are the steps?</i>	There is no stepwise implementation of the method, the youth chooses themselves which domains they want to work with.
<b>MATERIAL</b> <i>Which material is needed?</i>	The explanation of the different methods, which are available in the information booklet in Dutch. Own material can be used and the information in the book is not limited. There is a need to online tools and new methods.
<b>COST OF THE METHOD (EXCL. PERSONEL)</b> <i>Is the method freely available or not?</i>	Freely available
<b>COMPETENCES OF THE AFTER CARE WORKER(S)</b> <i>Are any specific competences required? Can it be implemented by professionals, volunteers, ...?</i>	There are no competences given. The competence to make contact to the target group (14-25 year olds) is important. It is important to be able to get the youngsters on track, especially when they do not see the importance of care. <i>Vormingsvaardigheden</i> for groups as individuals are necessary, as well as being able to use a variety of methods according to the needs and expectations of the youth.
<b>IN WHICH WAY IS THE METHOD SUCCESSFUL?</b> <i>Explain why the method works or seems to work, under which conditions. If research has been</i>	It's been observed that when there was a good co-operation between the services, there was also a better transmission of people from voluntary to obligatory care. It is important that staff as well as the organisation believe in this way of working.

<p><i>done on the method, please also add the information (link, publication, ...).</i></p>	<p>The Bruggen naar 18 method also consisted of an intervention with different organisations. This improved the co-operation.</p> <p>Another aspect is that it is vital for youth in different age groups to get to know the follow up guidance.</p> <p>There is a group introduction at the age of 14-16 and then there is a thematic introduction at the different organisations to end with an individual conversation with the youth at the age of 18. To be able to have a good progression, it is proven successful to start with a success story, this gives a better chance to continue on a positive note. A trusting relationship is a key aspect in this path.</p>
<p><b>MORE INFORMATION AT</b> <i>Is a website or publication available?</i></p>	<p>Full description with extra information (Dutch)  <a href="https://www.caw.be/jac/hoe-wij-helpen/preventie/bruggen-naar-18/">https://www.caw.be/jac/hoe-wij-helpen/preventie/bruggen-naar-18/</a></p>