

NAME OF THE METHOD	CTI (Critical Time Intervention)
CHARACTERISTICS According to strengths model	Social relations
MAIN GOALS	Community integration and continuity of care. "Short term intervention for people adjusting to a "critical time" of transition in their lives."
REGION OF IMPLEMENTATION <i>Please fill in the geographical area(s) in which the method is used.</i>	"Four continents" (e.g. Europe: Denmark)
THEORETICAL FRAMEWORK/IDEA/VIEW <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	Harm reduction approach
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION <i>Describe the method in general. How is the method implemented?</i>	"Critical Time Intervention (CTI) is a time-limited evidence-based practice that mobilizes support for society's most vulnerable individuals during periods of transition. It facilitates community integration and continuity of care by ensuring that a person has enduring ties to their community and support systems during these critical periods."
STEPS OR PHASES <i>Does the method have a stepwise process? Which are the steps?</i>	<p>"Phase 1: Transition Provide support & begin to connect client to people and agencies that will assume the primary role of support.</p> <ul style="list-style-type: none"> • Make home visits • Engage in collaborative assessments • Meet with existing supports • Introduce client to new supports • Give support and advice to client and caregivers <p>Phase 2: Try-Out Monitor and strengthen support network and client's skills.</p> <ul style="list-style-type: none"> • Observe operation of support network • Mediate conflicts between client and caregivers • Help modify network as necessary • Encourage client to take more responsibility <p>Phase 3: Transfer of Care Terminate CTI services with support network safely in place.</p> <ul style="list-style-type: none"> • Step back to ensure that supports can function independently • Develop and begin to set in motion plan for long-term goals • Hold meeting with client and supports to mark final transfer of care • Meet with client for last time to review progress made"
MATERIAL <i>Which material is needed?</i>	Material available when becoming a member, which is free.
COST OF THE METHOD (EXCL. PERSONEL) <i>Is the method freely available or not?</i>	Training is available, but cost is not stated.
COMPETENCES OF THE AFTER CARE WORKER(S)	

IN WHICH WAY IS THE METHOD SUCCESSFUL?

Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).

In two trials the outcome for CTI is better than the “usual services”.

MORE INFORMATION AT

Is a website or publication available?

<https://www.criticaltime.org/>