

NAME OF THE METHOD	Family group conferences (FGC) (Eigen kracht conferenties)
CHARACTERISTICS According to strengths model	Aspirations Social relations
MAIN GOALS	Interest of the child is most important The child must get their voice heard Working in partnership with (extended) family/kin group.
REGION OF IMPLEMENTATION Please fill in the geographical area(s) in which the method is used.	Originally New-Zealand; adaptations in UK, France, Australia, USA, the Netherlands, Sweden, South-Africa.
THEORETICAL FRAMEWORK/IDEA/VIEW When a certain view on care or a specific theoretical framework is used, please add it here.	Network-based "The transition from care to independence needs to be seen as a journey rather than a one-off event." (Transition to independence, 2016).
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION Describe the method in general. How is the method implemented?	Setting up a plan with support from significant others.
STEPS OR PHASES Does the method have a stepwise process? Which are the steps?	Start at the age of 15, or in the year of becoming 15. Stage 1, referral: clarifying meeting Stage 2, first contact: get an idea of the reason for setting up a FGC, what the FGC will look like, who will take part... Stage 3, information sharing: all relevant information concerning the decision/process has to be shared. Stage 4, private family time: family needs to agree on a plan that meets the needs of the young person, agree on an contingency plan, agree on how to monitor and review plan. Stage 5, agreeing and recording the family decision What needs to be covered?: <ul style="list-style-type: none"> • Where will he or she live? (to be encouraged to stay with caregivers if that is applicable) and taking into account the views of young person • Health • Education, employment or training • To have a bank account • Working towards obtaining a driver's licence • Involvement with family/community supports/importance of relationships • What financial assistance is required and where can that be obtained from? • What financial assistance will be sought from Child Youth and Family now and into the future? (Transition to Independence for young people, 2016)
MATERIAL Which material is needed?	Some methods are mentioned in the New-Zealand document. Also a grid can be used to make sure all the steps are gone through (Interim Practice Note: Family group conferences and transitioning to independence for young people with high needs, 2016, personal communication).
COST OF THE METHOD (EXCL. PERSONEL) Is the method freely available or not?	/
COMPETENCES OF THE AFTER CARE WORKER(S)	/

IN WHICH WAY IS THE METHOD SUCCESSFUL?

Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).

One reason is that it is 'culturally adaptable' since it is a model based on the Maori's family system it contains a more inclusive view on family than the traditional nuclear family view that exists in many countries/organisations. The child is central in the approach.

MORE INFORMATION AT

Is a website or publication available?

<https://www.orangatamariki.govt.nz/youth-justice/family-group-conferences/3>

<http://www.eigen-kracht.be/brochures>