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| NAME OF THE METHOD | KR8! |
| CHARACTERISTICS According to strengths model | Resources Competencies Aspirations Social relations |
| MAIN GOALS | Discovering strengths Planning future Planning independent living |
| REGION OF IMPLEMENTATION Please fill in the geographical area(s) in which the method is used. | The Netherlands Belgium |
| THEORETICAL FRAMEWORK/IDEA/VIEW When a certain view on care or a specific theoretical framework is used, please add it here. | Strength based approach |
| GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION Describe the method in general. How is the method implemented? | The method works on 8 different parts that are important for independent living: health, safety, money and administration, housing, family, work and education, friends and leisure time, and society and culture. With every theme there is a quiz, external resources, questions for the youngster to think about in planning their future life, and questions to get an idea of their network. |
| STEPS OR PHASES Does the method have a stepwise process? Which are the steps? | One part of the method is the strength-measure. Every one of the aspects described before has to be scored to see if there is improvement after working with them. Another is the wonder-question to trigger thinking about the situation that the youngster wants to pursue. |
| MATERIAL Which material is needed? | The KR8! Meter booklet (Dutch) |
| COST OF THE METHOD (EXCL. PERSONEL) Is the method freely available or not? | Freely available |
| COMPETENCES OF THE AFTER CARE WORKER(S) Are any specific competences required? Can it be implemented by professionals, volunteers, ...? | No specific competences |
| IN WHICH WAY IS THE METHOD SUCCESSFUL? Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...). | No evaluation has been done |
| MORE INFORMATION AT Is a website or publication available? | www.movisie.nl Pleegzorg Antwerpen |