

NAME OF THE METHOD	La Vie (De Cocon, 2016) Similar to Vertrektraining, but takes 44 weeks. Part of CBAW.
CHARACTERISTICS According to strengths model	Social relations Resources Competences
MAIN GOALS	Integral way of working Creating trusting relationships Strengthening autonomy Getting to know responsibility To bond within the society
REGION OF IMPLEMENTATION <i>Please fill in the geographical area(s) in which the method is used.</i>	Belgium
THEORETICAL FRAMEWORK/IDEA/VIEW <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION <i>Describe the method in general. How is the method implemented?</i>	Learning how to give and receive feedback Training social skills Buddy for new group members
STEPS OR PHASES <i>Does the method have a stepwise process? Which are the steps?</i>	Within a meeting, there is a task/skill that is thought and corresponding tasks are linked to these.
MATERIAL <i>Which material is needed?</i>	Room to get a group together
COST OF THE METHOD (EXCL. PERSONEL) <i>Is the method freely available or not?</i>	
COMPETENCES OF THE AFTER CARE WORKER(S) <i>Are any specific competences required? Can it be implemented</i>	'Having a healthy energy, being creative and adaptive, and transferring this to the group'. Need for knowledge about group processes.

by professionals, volunteers, ...?	
IN WHICH WAY IS THE METHOD SUCCESSFUL? <i>Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).</i>	<p>Another research on group work in youth care shows that a group can be a very safe environment for youth to get to know themselves, try new skills and have new experiences.</p>
MORE INFORMATION AT <i>Is a website or publication available?</i>	<p>Agora magazine http://www.decocon.be/media/docs/methodiekbeschrijving%20La%20vie.pdf</p>