

<b>NAME OF THE METHOD</b>	<b>Leaving care planner</b>
<b>CHARACTERISTICS</b> According to strengths model	Competences
<b>MAIN GOALS</b>	Starting early to guide young people through skills they need to start their independent living
<b>REGION OF IMPLEMENTATION</b> <i>Please fill in the geographical area(s) in which the method is used.</i>	Youth care Europe
<b>THEORETICAL FRAMEWORK/IDEA/VIEW</b> <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	Skills based
<b>GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION</b> <i>Describe the method in general. How is the method implemented?</i>	Training broke up in three sections starting 15 years old, directed towards skills and knowledge.
<b>STEPS OR PHASES</b> <i>Does the method have a stepwise process? Which are the steps?</i>	Starting at 15 years old the youngsters learn/get: Skills, safety, relationship and sex information, recipes, useful numbers list... At 16 they go into the subject of financial independence and get to know how to save and spend money, how to travel, voting (USA), how to apply for documents... At 17 they go into the subject of their future plans, driver's licence, housing, leaving care... All this with guidance of the professionals and exercises they need to do that are <i>framed</i> by guidance.
<b>MATERIAL</b> <i>Which material is needed?</i>	The guide of UPA, see link below.
<b>COST OF THE METHOD (EXCL. PERSONEL)</b> <i>Is the method freely available or not?</i>	Not stated
<b>COMPETENCES OF THE AFTER CARE WORKER(S)</b> <i>Are any specific competences required? Can it be implemented by professionals, volunteers, ...?</i>	Not stated
<b>IN WHICH WAY IS THE METHOD SUCCESSFUL?</b> <i>Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).</i>	Not stated
<b>MORE INFORMATION AT</b> <i>Is a website or publication available?</i>	<a href="https://youthcareupa.org/leaving-our-care/">https://youthcareupa.org/leaving-our-care/</a>