

NAME OF THE METHOD	Leefgebiedenwijzer
CHARACTERISTICS According to strengths model	Competences
MAIN GOALS	Make people realise their strengths, power and sense for life.
REGION OF IMPLEMENTATION <i>Please fill in the geographical area(s) in which the method is used.</i>	The Netherlands and Belgium
THEORETICAL FRAMEWORK/IDEA/VIEW <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	Strengths perspective
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION <i>Describe the method in general. How is the method implemented?</i>	The tool is a booklet with questions to trigger people to think about different life domains.
STEPS OR PHASES <i>Does the method have a stepwise process? Which are the steps?</i>	There are 7 life domains that each have questions and tips. These are: spirituality, living, finances, social relations, bodily health, mental health, and work and activities
MATERIAL <i>Which material is needed?</i>	Booklet
COST OF THE METHOD (EXCL. PERSONEL) <i>Is the method freely available or not?</i>	Freely available on: https://www.movisie.nl/sites/movisie.nl/files/publication-attachment/Leefgebiedenwijzer%20%5BMOV-10489411-1.0%5D.pdf
COMPETENCES OF THE AFTER CARE WORKER(S) <i>Are any specific competences required? Can it be implemented by professionals, volunteers, ...?</i>	Being competent in conversational skills.
IN WHICH WAY IS THE METHOD SUCCESSFUL? <i>Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).</i>	Research done on a previous model of the <i>leefgebiedenwijzer</i> shows that the tool is easy to use and helps to structure the help and guidance. Yet, room for individual guidance is very important in using this tool. More information at: https://www.movisie.nl/sites/movisie.nl/files/2018-03/Methodebeschrijving-8-fasenmodel.pdf
MORE INFORMATION AT <i>Is a website or publication available?</i>	https://www.movisie.nl/sites/movisie.nl/files/publication-attachment/Leefgebiedenwijzer%20%5BMOV-10489411-1.0%5D.pdf