

NAME OF THE METHOD	Network-oriented working with cards and target formulation
CHARACTERISTICS According to strengths model	Social relations Competences Aspirations Resources
MAIN GOALS	Working network-oriented
REGION OF IMPLEMENTATION <i>Please fill in the geographical area(s) in which the method is used.</i>	
THEORETICAL FRAMEWORK/IDEA/VIEW <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION <i>Describe the method in general. How is the method implemented?</i>	By means of theme-oriented conversations, supported by theme-cards, to get sight on the situation of the youngster and their goals. Theme-cards contain the following subjects: general, family, daytime activities, friendship, leisure time, relations and sexuality, administration, communication, household, health, finances. The themes are accompanied with subjects, these have to be divided in three columns: 'this is good the way it is', 'this has to change', and 'I worry about'.
STEPS OR PHASES <i>Does the method have a stepwise process? Which are the steps?</i>	Step 1: use the cards to create awareness on the different subjects and what they mean for the young person, by dividing them in the columns. Step 2: who can be involved in solving/changing the situation or keeping it the way it is. In this step you want to get insight in the network, analyse the network, which function does every person on the network have?, does the network need to be altered?, is there enough people in the network?, how can the network be involved in the goals?... Step 3: involve other services of people Step 4: evaluate the goals and the steps to reach these Step 5: who does follow up?
MATERIAL <i>Which material is needed?</i>	Paper with three columns, cards with subjects, solution-oriented questions, other methods to reach goals.
COST OF THE METHOD (EXCL. PERSONEL) <i>Is the method freely available or not?</i>	
COMPETENCES OF THE AFTER CARE WORKER(S) <i>Are any specific competences required? Can it be implemented by professionals, volunteers, ...?</i>	Conversational skills Solution oriented thinking Network oriented thinking

IN WHICH WAY IS THE METHOD SUCCESSFUL?

Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).

MORE INFORMATION AT

Is a website or publication available?

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