

NAME OF THE METHOD	Op eigen benen (spel). Part of Over-Leven in Leuven
CHARACTERISTICS According to strengths model	Competences
MAIN GOALS	Making youngsters aware of what needs to be in order to start living independently.
REGION OF IMPLEMENTATION <i>Please fill in the geographical area(s) in which the method is used.</i>	Belgium
THEORETICAL FRAMEWORK/IDEA/VIEW <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION <i>Describe the method in general. How is the method implemented?</i>	The method is implemented with a game with different themes: law about renting a house, saving money and energy, spending money, psyche and feelings, vocabulary on housing-laws, and ideas and feelings about living independently.
STEPS OR PHASES <i>Does the method have a stepwise process? Which are the steps?</i>	
MATERIAL <i>Which material is needed?</i>	The booklet on the game has all the material and information.
COST OF THE METHOD (EXCL. PERSONEL) <i>Is the method freely available or not?</i>	Freely available
COMPETENCES OF THE AFTER CARE WORKER(S) <i>Are any specific competences required? Can it be implemented by professionals, volunteers, ...?</i>	No competences, the game can also be done in a classroom with a teacher.
IN WHICH WAY IS THE METHOD SUCCESSFUL? <i>Explain why the method works or seems to work, under which conditions.</i>	It opens the conversation on different topics and makes youngsters aware in an open and approachable way.

If research has been done on the method, please also add the information (link, publication, ...).

MORE INFORMATION AT

Is a website or publication available?

<https://www.wissel.be/joomla/index.php/samenwerkingen/samenwerken-verbindt/140-samenwerken-verbindt>