

<b>NAME OF THE METHOD</b>	<b>Care and transition planning for leaving care: Victorian Practice Framework</b>
<b>CHARACTERISTICS</b> According to strengths model	Competences Aspirations Social relations Resources
<b>MAIN GOALS</b>	Framework with guidelines. <b>We refer to the link below to be able to check the plan in its entirety.</b>
<b>REGION OF IMPLEMENTATION</b> <i>Please fill in the geographical area(s) in which the method is used.</i>	Australia
<b>THEORETICAL FRAMEWORK/IDEA/VIEW</b> <i>When a certain view on care or a specific theoretical framework is used, please add it here.</i>	Looking After Children approach
<b>GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION</b> <i>Describe the method in general. How is the method implemented?</i>	Planning future from an early age and adding on to the independence along the way.
<b>STEPS OR PHASES</b> <i>Does the method have a stepwise process? Which are the steps?</i>	<b>Preparation phase:</b> starts at 10 years old, there is more to consider at 15 and again at 15+ (care and transition plan). Generally about thinking about the future and setting goals, to making these concrete and thinking about the services that are needed in order to accomplish these goals. <b>Transition phase:</b> 6-12 months before leaving consolidate skills, relationships, 'fixing stuff'... <b>Post care support phase:</b> consolidating the plan, ensuring support is available...
<b>MATERIAL</b> <i>Which material is needed?</i>	Plan, see link
<b>COST OF THE METHOD (EXCL. PERSONEL)</b> <i>Is the method freely available or not?</i>	Freely available
<b>COMPETENCES OF THE AFTER CARE WORKER(S)</b> <i>Are any specific competences required? Can it be implemented by professionals, volunteers, ...?</i>	
<b>IN WHICH WAY IS THE METHOD SUCCESSFUL?</b> <i>Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).</i>	It is used as a national strategy in Australia.

**MORE INFORMATION AT**

*Is a website or publication available?*

<https://providers.dhhs.vic.gov.au/care-and-transition-planning-leaving-care-framework-word-0>