

NAME OF THE METHOD	YAR Wonen/(YAR coaching)
CHARACTERISTICS According to strengths model	Aspirations Social relations Opportunities Resources Competences
MAIN GOALS	Broadening the network of the youngster
REGION OF IMPLEMENTATION Please fill in the geographical area(s) in which the method is used.	Flanders
THEORETICAL FRAMEWORK/IDEA/VIEW When a certain view on care or a specific theoretical framework is used, please add it here.	No specific framework, but personality development and network development in the broadest sense (socio-cultural network as well for example).
GENERAL DESCRIPTION OF THE METHOD / IMPLEMENTATION Describe the method in general. How is the method implemented?	The program exists of a volunteer (coach) and a professional that guide the youngster. They work together with partners from companies, socio-cultural organisations, and local boards that actively want to work with the youngsters out of their mission. YAR women wants to make people ready to make the step towards living independently on a personal, administrative and organisational level.
STEPS OR PHASES Does the method have a stepwise process? Which are the steps?	Intake can be done by foster care, residential care or a social service. The first conversation with the youngster is to clear out the coming path and the regulations. The youngster gets a week time to think whether they want to participate. If they give a positive answer, within 14 days an orientation will be set up. Orientation: the story of the youngster is cleared out, the youngster sets up 3 goals, and these are questioned very thoroughly, to get them on point, because they are part of the coming guidance. Meeting with volunteer coach and perhaps network coach: matching with a coach is done by YAR and the meeting between the coach and the youngster is set up early to be able to start the first months in a good way (practically and emotionally) Weekly contacts and monthly meetings: In the beginning there is a once a week guidance with the coach to work on the 3 goals of the youngster (not defined what these are/can be, but it seems to be part of YAR coaching that is not specifically directed towards the transition) and the practical issues of living alone. Besides there are monthly meetings with all the youngsters that are in guidance, to share experiences and knowledge and to get them in contact with volunteers that can support them in several domains. These monthly meetings are for the youngster as well as for the coach (volunteer), they are thematically and are gradually build up, depending on what the youngsters need. These meetings are guided by professionals. Network conversation: the goals of the youngsters are made clear to their network to find the right person/organisation to support them with this (f.e. getting a driver's licence). Monthly coaches meeting: these meetings are meant for interaction and intervision for the voluntary coaches. The

	<p>coaches get telephone contact every week and a six-week face to face contact.</p> <p>Evaluation: after 6 months there is an evaluation to see how everything went and whether the guidance has to be prolonged.</p> <p>Closing conversation: the guidance is finalised when the youngster is ready.</p>
<p>MATERIAL Which material is needed?</p>	A network of partner-organisations
<p>COST OF THE METHOD (EXCL. PERSONEL) Is the method freely available or not?</p>	Not stated
<p>COMPETENCES OF THE AFTER CARE WORKER(S) Are any specific competences required? Can it be implemented by professionals, volunteers, ...?</p>	<p>A professional</p> <p>The volunteer is coached in a coach-the-coach training</p>
<p>IN WHICH WAY IS THE METHOD SUCCESSFUL? Explain why the method works or seems to work, under which conditions. If research has been done on the method, please also add the information (link, publication, ...).</p>	Not stated
<p>MORE INFORMATION AT Is a website or publication available?</p>	<p>http://www.yarvlaanderen.be/over-yar/methodiek/methodiek-yar-wonen/</p> <p>http://www.yarvlaanderen.be/over-yar/yar-coaching/</p>